

Tobacco Cessation Resources: Hamilton County

Resources Category	Program	Program Details
Community, Online and Phone Resources	Cincinnati Health Department In-person Counseling Services	One-on-one and group counseling services are available for Cincinnati Health Department patients at CHD health centers. Contact information: (513) 357-7320
	Become an EX- American Legacy Association	Free of charge; self-directed time commitment Contact information: http://www.becomeanex.org/
	Freedom from Smoking- American Lung Association	8 week Basic Program: FREE, Premium: \$15/3 months or \$40 per year; self -directed time commitment. Contact Information: (800) LUNG-USA (586-4872)
	Ohio Tobacco Quit Line: QuitLogix Program	Free of charge; Open Monday-Friday: 9:00 a.m. to 11:00 p.m. Saturday and Sunday: 10:00 a.m. to 6:30 p.m. Contact information: (800)-QUIT-NOW (784-8669)
	SmokeFreeMom	Mobile text messaging service Users are able to choose one of the following goals: Quit smoking, Cut down on smoking, or Just receive messages on smoking and health if not yet ready to make a change. 1. By phone: Text the word MOM to 222888 from your mobile phone, answer a few questions, and you'll start receiving messages. 2. Online: http://women.smokefree.gov/smokefreemom.aspx
	Text4BabyText Messaging	Participants can sign up for text4baby in English by texting BABY to 511411. They can sign up for text4baby in Spanish by texting BEBE to 511411.
	Text4Baby Free App	Download the app by searching for "Text4baby" in the iTunes or Google Play app stores.

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Hospital/Health System Resources	Christ Hospital Wellness Network: Targeting Tobacco 6 week coaching series	\$70 for the series; times and location will vary. Contact information: (513) 263-8699
	The Jewish Hospital: Freedom From Smoking	Pricing will vary; by appointment. Contact information: Jewish Hospital, Susan Enneking- (513) 686-6802.
	Mercy Health Smoking Cessation Program: Freshstart Education Courses 4 class series; class size of 15	Free of charge; times and days offered may vary. Contact information: (513) 95-MERCY to register. Mercy Anderson -Anderson Medical Office Building 2, Ground Floor, Classroom D. Mercy Clermont- 3000 Hospital Dr. Batavia OH, 45013; Board Room Mercy West- 3300 Mercy Health Blvd, Cincinnati, OH 45211; call 513-215-9180 for room location
	University of Cincinnati and UC Health: Win by Quitting Smoking	Free of charge; Available Monday and Thursdays by appointment. Contact information: 513-584-QUIT (7848); The Barrett Center- 234 Goodman Street Cincinnati, OH 45219.
	Veterans Administration Hospital: Stop Smoking Program -Available to eligible veterans	Pricing will vary; by appointment. Contact information: (513) 861-3100; 3200 Vine St Cincinnati, OH 45220.
	Nicotine Anonymous: 12 Step Program	Free of charge; Saturdays 12:30-1:30 Contact Information: (513) 230-5475; Christ Hospital- 2139 Auburn Ave, Cincinnati, OH 45219 Classroom 8 Level A.

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Additional Community Resources	The Little Clinic at Kroger: SmartPath Tobacco Cessation Program	Tobacco Dependence Assessment Session: \$35.00 unless covered by insurance. Each additional Coaching Session: \$35.00; by appointment. Contact: 513-871-0725
	Crossroad Health Center and Christ Hospital Tobacco Treatment Group	Free of charge; Weekly lessons and discussion in Group Setting on Mondays from 3:30-4:30pm. Contact information: Crossroad Health Center OTR 2 nd Floor. 5 East Liberty Cincinnati, OH 45202 Phone: 513-381-2247
	Ohio Department of Health Tobacco Program	http://www.odh.ohio.gov/odhprograms/eh/quitnow/Tobacco/ohtobacco.aspx
	American Cancer Society	Contact Information: 1-800-227-2345 http://www.cancer.org/healthy/stayawayfromtobacco/guidetoquittingsmoking/index?ssSourceSiteId=null
	National Cancer Institute	Free counseling and information Toll-free hotline: 1-877-44U-QUIT (1-877-448-7848)
Insurance Based Programs	Ohio Medicaid*	Covers Nicotine Replacement Therapy Gum, Patches, Nasal Spray, Lozenges, and Inhaler. Also covers Varenicline (Chantix) and Bupropion (Zyban). In general, the generic versions of these medications do not require prior authorization and have no co-pays. Medications requiring prior authorization have a \$3 copay; there is a \$2 co-pay for selected trade name medications. Individual counseling and Group Counseling are also included.
	Health Insurance Marketplace	All plans are required to cover tobacco cessation treatment. Specific coverage varies by plan. Check with your insurance plan to find out what is covered.

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Insurance Based Programs (continued)	State Employee Health Plan Coverage	<p>All plans offer Take Charge, Live Well though APS Health Care.</p> <p>Covers Nicotine replacement gum and patches as well as Varenicline (Chantix) and Bupropion (Zyban).</p> <p>Members are allowed two quit attempts per year and phone counseling is limited to four sessions per year. Prior authorization is required for varenicline. Co-pays are waived only if members participate in phone counseling.</p>
	TRICARE (Health insurance program for military personnel, their families and retirees)	Phone, group and individual counseling. Access to the 7 FDA approved medications
	Employer Sponsored Incentive Programs	Contact your employer

***Medicaid Fee-for-Service:** Unlimited access to Ohio Tobacco Quit Line

Care Source: Warm transfer to CareSource Quit Line for all members who call Ohio Tobacco Quit Line

Molina Healthcare of Ohio: Offers smoking cessation counseling through the Molina Health Education Department

Buckeye Community Health: Pays for access to Ohio Tobacco Quit Line for pregnant women and parents of children with asthma

Paramount Advantage: Plan pays for unlimited access to Ohio Tobacco Quitline

United Healthcare Community Plan: Plan pays for unlimited access to Ohio Tobacco Quitline