



## Tobacco Cessation Resources in Hamilton County

Resource Category	Program	Program Details
<b>Online/Phone Resources</b>	Become an EX- American Legacy Association	Free of charge; self-directed time commitment  Contact information: <a href="http://www.becomeanex.org/">http://www.becomeanex.org/</a>
	Freedom From Smoking- American Lung Association	8 week Basic Program: FREE, Premium: \$15/3 months or \$40 per year; self -directed time commitment.  Contact Information: (800) LUNG-USA (586-4872)
	Ohio Tobacco Quit Line: QuitLogix Program	Free of charge; Open Monday-Friday: 9:00 a.m. to 11:00 p.m. Saturday and Sunday: 10:00 a.m. to 6:30 p.m.  Contact information: (800)-QUIT-NOW (784-8669)
<b>Hospital/Health System Resources</b>	Christ Hospital Wellness Network: Targeting Tobacco  - 6 week coaching series	\$70 for the series; times and location will vary.  Contact information: (513) 263-8699
	Cincinnati Children's Medical Center Smoking Cessation Clinic	Free of charge; available by appointment  Contact information: Call Central Scheduling to make an appointment: 513-636-3200; The Main Campus Consult Clinic- 3430 Burnet Ave. Cincinnati, OH 45229
	The Jewish Hospital: Freedom From Smoking	Pricing will vary; by appointment.  Contact information: Jewish Hospital, Susan Enneking- (513) 686-6802.

	<p>Mercy Health Smoking Cessation Program: Freshstart Education Courses</p> <ul style="list-style-type: none"> <li>- 4 class series; class size of 15</li> </ul>	<p>Free of charge; times and days offered may vary.</p> <p>Contact information: (513) 95-MERCY to register.</p> <p>Mercy Anderson -Anderson Medical Office Building 2, Ground Floor, Classroom D.</p> <p>Mercy Clermont- 3000 Hospital Dr. Batavia OH, 45013; Board Room</p> <p>Mercy West- 3300 Mercy Health Blvd, Cincinnati, OH 45211; call 513-215-9180 for room location</p>
<b>Hospital/Health System Resources (continued)</b>	<p>TriHealth Smoking Cessation Courses</p> <ul style="list-style-type: none"> <li>- 13 week series</li> </ul>	<p>Pricing will vary; by appointment.</p> <p>Contact information: (513) 977-6729 Bethesda Family Practice Center 4411 Montgomery Rd #200.</p>
	<p>University of Cincinnati and UC Health: Win by Quitting Smoking</p>	<p>Free of charge; Available Monday and Thursdays by appointment.</p> <p>Contact information: 513-584-QUIT (7848); The Barrett Center- 234 Goodman Street Cincinnati, OH 45219.</p>
	<p>Veterans Administration Hospital: Stop Smoking Program</p> <ul style="list-style-type: none"> <li>-Available to eligible veterans</li> </ul>	<p>Pricing will vary; by appointment.</p> <p>Contact information: (513) 861-3100; 3200 Vine St Cincinnati, OH 45220.</p>
<b>Additional Community Resources</b>	<p>Nicotine Anonymous: 12 Step Program</p>	<p>Free of charge; Saturdays 12:30-1:30</p> <p>Contact Information: (513) 230-5475; Christ Hospital- 2139 Auburn Ave, Cincinnati, OH 45219 Classroom 8 Level A.</p>
	<p>The Little Clinic: SmartPath Tobacco Cessation Program</p>	<p>Tobacco Dependence Assessment Session: \$35.00</p> <p>Each additional Coaching Session: \$35.00; by appointment</p>

For a brief description of any of the above resources [click here](#).