



Three ways to keep our babies Alive and Thriving

1. Allow enough time between pregnancies.

Women with pregnancies spaced less than 12 months apart are 3.5 times more likely to have an infant death.

2. Don't smoke while pregnant.

Moms who smoke while pregnant are 44% more likely to have an infant death.

3. Learn the Safe Sleep ABCs.

Babies sleep safest Alone, on their Back, and in a Crib.

For more information, visit www.cradlecincinnati.org.

